



# CADENCE 6 2025

The Summer CME - Medicine Update  
"Translating evidence into practice"



Organized by

**Department of Internal Medicine**  
Govt. T.D. Medical College, Alappuzha  
e-mail : [genmedalpy@gmail.com](mailto:genmedalpy@gmail.com)



**Date : June 8th, 2025 (Sunday)**  
**Venue : PAGODA RESORTS, Alappuzha**

Dear Colleagues,

A warm welcome from the Department of Internal Medicine Govt. T.D. Medical College, Alappuzha. The Venice of East with its shimmering seas, majestic backwaters, tranquil canals and premier snake boat carnivals beckons you.

A vibrant new year has dawned—one which we hope is studded with camaraderie and excellence.

In keeping with our perennial quest for self-improvement and metamorphosis we have arranged an academic bouquet. The spotlight of this CME is on prosaic topics which continue to baffle us in our routine patient care. The mentors lighting the way are recognised stalwarts in their chosen fields. Academic sessions are accredited by Kerala State Medical Council for CME credit hours. A scintillating question – answer session with lucrative prizes has been arranged for all the young inquisitive and enthusiastic post-graduate minds.

We invite you all to come and be part of this academic repast.

With Regards,

Patron

**Dr. Miriam Varkey** (Principal)

Organizing Chairman

**Dr. Suresh Raghavan**

Professor & HOD

Dept. of Internal Medicine

Mob : 9847155537

Organizing Secretary

**Dr. Udayamma.K.P.**

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**Dr. Ambili N.R.**

Associate Professor

Dept. of Internal Medicine

Mob : 9447248174

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## SCIENTIFIC PROGRAMME

- 8.30 am – 9.00 am : REGISTRATION
- 9.00 am–9.20 am : **SPLITTING – “THE HEADACHE”**
- Speaker : **Dr. Prasanth S.R.**  
Consultant Neurologist, St. Gregorious Medical Mission Hospital, Parumala
- Chair : **Dr. Shahul Hameed M.M.**  
Professor & HOD, Internal Medicine  
Believers Church Medical College Hospital, Thiruvalla
- 9.30 am–9.50 am : **FIXING THE LEAKY FILTER–APPROACH TO PROTEINURIA**
- Speaker : **Dr. Benoy Varghese**  
Consultant Nephrologist, S.K. Hospital, Thiruvananthapuram
- Chair : **Dr. Selvarajan K.P.**  
Professor, Internal Medicine, SMIMS, Kulasekharam, Tamil Nadu
- 10.00 am–10.20 am : **THE TIDE IS TURNING – RECENT ADVANCES IN MULTIPLE MYELOMA**
- Speaker : **Dr. Chepsy C. Philip**  
Professor & HOD, Clinical Hematology & Hemato–Lymphoid Oncology  
Believers Church Medical College Hospital, Thiruvalla
- Chair : **Dr. Abdul Khadir A.**  
Professor & HOD, Internal Medicine  
Pushpagiri Institute of Medical Sciences, Thiruvalla
- 10.30 am 11.00 am : **TEA BREAK & Preliminary Quiz for Postgraduates**
- 11.00 am–11.20 am : **BEYOND GLYCEMIC CONTROL  
EXPLORING CARDIORENAL BENEFITS OF SGLT2 INHIBITORS**
- Speaker : **Dr. Sunil Prasobh.P.**  
Professor, Internal Medicine, Govt. Medical College, Kollam
- Chair : **Dr. Sibi.N.S.**  
Professor & HOD, Internal Medicine, Govt. Medical College, Kollam
- 11.30 am–11.50 am : **SOBER CONFESSIONS ON ALCOHOL WITHDRAWAL SYNDROME**
- Speaker : **Dr. T.D. Unnikrishnan Kartha**  
Former Professor & HOD, Internal Medicine, Govt. TDMCH, Alappuzha
- Chair : **Dr. P.Sanghamitra**  
Professor & HOD, Internal Medicine, Mout Zion Medical College, Adoor

- 12.00 pm – 12.20 pm : **A DEEP DIVE INTO LUNG DELIVERY INHALATIONAL THERAPY**  
Speaker : **Dr. Sailal.M.**  
Consultant Pulmonologist  
Director, Sai Prayag Hospital, Alappuzha
- Chair : **Dr. R. Legha**  
Professor & HOD, Internal Medicine, TMMC, Kollam
- 12.30 pm-12.50 pm : **THROWING LIGHT TO SHADOWS IN INTERNAL MEDICINE  
- PET CT REVOLUTION**
- Speaker : **Dr. Arun Sasikumar**  
Chief Nuclear Medicine Consultant, SWASTI, Trivandrum
- Chair : **Dr. Suresh.M.K**  
Professor & HOD, Internal Medicine  
SMIMS, Kulasekharam, Tamil Nadu
- 1.00 pm 2.00 pm : **LUNCH**
- 2.00 pm – 2.20 pm : **MAGIC BULLETS – NEWER ANTIBIOTICS**
- Speaker : **Dr. Juby John**  
Professor & HOD, Infectious Diseases  
Govt. Medical College, Kottayam
- Chair : **Dr. Lijo.K.Mathew**  
Associate Professor, Internal Medicine  
Govt. Medical College, Kottayam
- 2.30 pm-2.50 pm : **HOW TO DISSECT A CASE OF ARTHRITIS**
- Speaker : **Dr. Illiasul Ibad**  
Consultant Rheumatologist, Christian Medical College, Vellore
- Chair : **Dr. Sue Ann Zachariah**  
Associate Professor, Internal Medicine  
Govt. Medical College, Kottayam
- 3.00 pm – 4.00 pm : **GREY CELLS IN WHITE COATS**  
Grand Medical Quiz with Exciting Prizes
- Quiz Master : **Dr. Sujeesh.H.S.**  
Associate Professor, Internal Medicine  
Govt. TDMCH, Alappuzha

For Pre-registration contact:

**Dr. Sujeesh.H.S.**

Mob : 9747385104

[drsujeeshhs@gmail.com](mailto:drsujeeshhs@gmail.com)

Registration fees:

Delegates : Rs.1000/-

PG Rs. 750/-

Registration starts at 8.30 am