



# **CADENCE 4 – 2024**

**CME – Medicine Update  
“Translating Evidence into Practice”**



*Organized by*  
**Department of Internal Medicine  
Govt. T.D. Medical College, Alappuzha  
e-mail : [genmedalpy@gmail.com](mailto:genmedalpy@gmail.com)**

**Date : September 29<sup>th</sup>, 2024 (Sunday) , 8.30 AM – 4.00 PM  
Venue : PAGODA RESORTS, Alappuzha**

Dear Colleagues,

*Ability to constantly scrutinize our tenets, discarding what is obsolete, and embracing the new, after due processing, is what defines the charisma of Internal Medicine. Since its inception 3 years ago, the Cadence Series of our Department of General Medicine, Government T.D. Medical College, Alappuzha has strived to equip us face this daunting, yet exhilarating world . We are fortunate to live in these mesmerising times with its tempestuous dichotomies, but the practicing clinician with time constraints is bound to find this tsunami of game changing information and advances, difficult to assimilate and incorporate. CMEs are nothing but blueprints of our today, and predictions of the future of our speciality .Keeping the tradition alive , we come with the **Cadence 4 - 2024** , studded with elite mentors , widely recognised as foremost authorities in their field, who famously apply their unique blend of skill, practical experiences and passion for teaching to emphasize what we know, what we need to know, and what should be promptly discarded . We welcome you all to come & be part of our **Cadence 4 - 2024** with the conviction that you will feel stimulated, educated and refreshed .*

*We invite you all to come and be part of this academic repast.*

*With Regards,*

*Organizing Chairman*

*Dr. Suresh Raghavan  
Professor & HOD  
Mob : 9847155537*

*Patron*

*Dr. Miriam Varkey  
Principal*

*Organizing Secretary*

*Dr. Jayachandran.R.  
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*Scientific Committee Chairperson*

*Dr. Ambili.N.R.  
Mob : 9447248174*

# CADENCE 4 – 2024

Medicine Update  
“Translating evidence into practice”

## SCIENTIFIC PROGRAMME

8:30 am to 9:00 am

Registration

9:00 — 9:20

Approach to a patient  
with CNS demyelination

:

**Dr. Harris.A.A.**

Asso. Prof. of Neurology  
GTDMC, Alappuzha.

Chair

:

**Dr. Poornima. H**

Prof. of Medicine  
GTDMC, Alappuzha.

9.30 — 9:50

Differentiating Lupus flair from  
infections – Practical tips

:

**Dr. B. Padmakumar**

Principal, GMC, Kollam  
Former HOD of Medicine  
TDMC , Alappuzha.

Chair

:

**Dr. Selvarajan Chettiyar**

SMIMS, Kulasekharam  
Tamilnadu.

10:00 — 10:20

Recent advances in diagnosis of  
Tuberculosis

:

**Dr. Sailal . M**

Consultant Pulmonologist  
SAI Hospital, Alappuzha

Chair

:

**Dr. Venugopal. K.**

Chief Consultant &  
Prof. of Respiratory Medicine  
General Hospital, Alappuzha.

10.30 - 10.50

Bridging the gap –

:

**Dr. Devi Sruthi**

Asst. Professor, Nephrology  
GTDMC, Alappuzha.

Renal ANCA Vasculitis –  
Current guidelines and emerging  
therapies

Chair

:

**Dr. Legha.R.**

Prof. & HOD of Medicine Travancore  
Medicity.

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11:00 — 11:30     **TEA BREAK & QUIZ PRELIMINARY**

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11:30 — 11:50	Diet and Exercise in Diabetes Mellitus	:	<b>Dr. T.D. Unnikrishnan Kartha</b> Former HOD of Medicine GTDMC, Alappuzha.
	Chair	:	<b>Dr. Sibi N.S.</b> Prof. & HOD of Medicine GMC, Kollam.
12:00 — 12:20	Newer Insulins – Benefits & Challenges	:	<b>Dr. Sunil Prasobh</b> Prof. of Medicine GMC, Kollam.
	Chair	:	<b>Dr. Suresh.M.K.</b> Prof. & HOD, SMIMS Kulasekharam, Tamilnadu
12:30 — 12:50	Life threatening Arrhythmias in Systemic disorders	:	<b>Dr. Abdul Khadir.A</b> Prof. & HOD of Medicine PIMS, Thiruvalla.
	Chair	:	<b>Dr. Vinod G.V</b> Senior Consultant Physician KVM Hospital, Cherthala.

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**1:00 — 2:00     LUNCH**

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2:00 — 2:20	Understanding the THIRD GENDER	:	<b>Dr. Sue Ann Zachariah</b> Asso. Prof. of Medicine GMC, Kottayam.
	Chair	:	<b>Dr. Renymol. B</b> Professor of Medicine GMC Kochi
2:30 — 2:50	Hypertensive Crisis	:	<b>Dr. Balavan.P.B.</b> Asst. Prof. of Medicine GTDMC, Alappuzha.
	Chair	:	<b>Dr. Shahul Hameed. M.M.</b> Prof. & HOD of Medicine Believer's Church Medical College Thiruvalla.
3:00 — 4:00	PG Quiz     (Quizmaster)	:	<b>Dr. Sujeesh. H.S.</b> Asso. Prof. of Medicine GTDMC, Alappuzha.

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**PATRON**

DR. MIRIAM VARKEY  
PRINCIPAL, GOVT.T.D.MEDICAL COLLEGE, ALAPPUZHA

**ORGANIZING COMMITTEE CHAIRMAN**

DR. SURESH RAGHAVAN

**ORGANIZING COMMITTEE SECRETARY**

DR. JAYACHANDRAN.R.

**SCIENTIFIC COMMITTEE CHAIRPERSON**

DR. AMBILI.N.R.

**ORGANIZING COMMITTEE MEMBERS**

DR. H.POORNIMA	DR.MONET PHILIPPOSE (SR)
DR. RASHMI	DR.NAVEEN RAJ.R (JR3)
DR. JAYACHANDRAN.R.	DR.SOORYALEKSHMI V.S (JR2)
DR. RNK.SANKAR	DR.SANJAY (JR1)
DR. SUJEESH.H.S.	
DR. ARATHI ACHUTHAN	
DR. JAYALAKSHMI JAYAPRAKASH	
DR. PAUL.T.RAJAN	
DR. BALAVAN.P.B.	
DR. HYMA JOSE	
DR. ANUTHARA JOSE	
DR. SHAHNA.S.FATHIMA	
DR. ASHOK KUMAR.B.	

For Pre-registration contact:

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Registration fees : Delegates Rs. 900/- PG Rs. 500/-

***PG should obtain certificate from the Head of the Department. There will be a highly attractive prize for the Quiz winners!***

Registration starts at 8.30 am.